Residency Admissions, Support, and Initial Placement Data

Date Program Tables are updated: 11 September 2023

## **Program Disclosures**

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	☐ Yes ☑ No			
If yes, provide website link (or content from brochure) where this specific information is presented:				

## **Residency Program Admissions**

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on Resident selection and practicum and academic preparation requirements:

The Womack Army Medical Center (WAMC) Clinical Psychology Residency Program (CPRP) is a doctoral training program located at Fort Liberty, North Carolina, the Home of The Airborne and Special Operations Forces. The primary aim of the training program is to produce highly qualified, resourceful, and autonomous psychologists. Our aim is to nurture the mastery of profession-wide competencies, and facilitate the development of a professional identity that will serve as a solid basis for an Army career.

A Practitioner-Scholar model guides Residency training at WAMC, with an emphasis on clinical practice informed and validated by empirical research. Our approach espouses the premise that training should be directly related to career outcomes, and our Residents are therefore prepared for the dual career of Army clinical psychologist and Officer. The CPRP embraces a Train-As-You-Fight model. Training at WAMC is designed to prepare Residents for their expected first assignment as a Behavioral Health Officer (BHO), which includes the need to practice all of the major advanced professional skills across any given week. In this program, Residents learn to balance all the skills of professional psychologists during an extended nine-month Advanced BHO Rotation. Our "Train-as-You-Fight" model uses a developmental approach to help Residents acquire advanced levels of competency to function independently as professional psychologists with no periods to allow attrition or degradation of skills. Residents in good standing during the Advance BHO Rotation will have the opportunity to choose a 3 month elective rotation. WAMC CPRP rotations reflect the scope of practice of Army clinical psychologists.

CPRP provides opportunities to advance skills in adult assessments, evidence-based psychotherapeutic interventions, and clinical consultation. Residents also receive training in aeromedical psychology, forensic psychology, advanced assessments, leadership and operational consultation. Further, the CPRP places a tremendous importance on developing cultural sensitivity to diverse populations and utilizing cultural awareness in the professional practice of psychology. The overall aim of the CPRP is by the end of the training year, Residents will be able to operate as licensed, independent practitioners utilizing an integrative approach to assessment and intervention that emphasizes the science of psychology as the foundation of effective clinical work. Additionally, CPRP strives to ensure all Residents are provided will the skills necessary to serve as successful Army Officers within various settings.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:			
Total Direct Contact Intervention Hours	N		
Total Direct Contact Assessment Hours	N		

## Describe any other required minimum criteria used to screen applicants:

Applicants must be from APA-accredited doctoral programs in clinical or counseling psychology.

Applicants must have completed or are in good-standing with an APA-accredited psychology internship.

Direct Accession applicants must meet the basic entrance qualification standards established by the Department of Defense and each Service to serve as active duty commissioned officers.

Direct Accession applicants are required to process through a Recruiter. Applicants are highly encouraged to contact their nearest Health Care/Health Professions Officer Army Recruiter. **Ideally, applicants should initiate contact with a Recruiter 1 year prior to attending Residency.** However, if applicants are already within 1 year of the application deadline, they are still encouraged to apply.

Applicants may apply to Residency sites from all military Services, but they must process through a Recruiter specific to the military Service to which they are applying (e.g., if an applicant is applying to all three military services, then the applicant must process through an Army Recruiter, a Navy Recruiter and an Air Force Recruiter). Recruiters assist in building a file on the applicant, which administratively goes before a Board for each Service.

Applicants accepted to Residency with the Army will also serve as active duty commissioned officers both during and after Residency. Students who are already enrolled in military psychology training programs, such as the Health Professions Scholarship Program (HPSP), are subject to the contracts they signed when they accepted their scholarships. HPSP students should refer to their individual Services regarding their military service obligations.

**Army:** To contact an Army Health Care (AMEDD) Recruiter, go to <a href="www.goarmy.com">www.goarmy.com</a> or call 1-888-550-ARMY.